

**BESOB  
STINGS**

*of  
Life*

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# 1

## GRACE AND GUIDANCE

FOR THE • *Stings of Life* •

When you cannot find the “right person” you must become the right person.

When words or thoughts have the power that wound, You have been :

STUNG --- wounded by the stings of life

STUCK --- in life's complications

STRANDED --- left lost and lifeless

The Lord has Grace and Guidance for the Stings of Life.

### **Psalm 138:8:**

The Lord will perfect that which concerns me;  
thy mercy O' Lord endures forever,  
forsake not the works of thy own hands



# 2

## STUNG-STUCK-STRANDED

A **sting** is a pricking with a sharp point to wound with sudden sharp, smarting pain, causing mental or physical suffering.

The **stinger ( a thought dart )** used to inflict pain can be - a person, thing, or event.

Sharp words spoken in anger, with criticism and much goading have the power to wound. An event such as a death or divorce also have great power to wound our Spirit.

1 Corinthians 15:55,56: refers to the **sting** of death, I discovered weeks after my husband's death that I had been left **stung, stuck, and stranded** with a great wound, that seemed to have no end.

I found a greater **sting** in the alcohol I had chosen for comfort: Proverbs 23:32 refers to drinking: "...at the last it bites like a serpent and **stings** like an adder."

This great **sting** that left me **stung** affected my life for many years.

My Attitude - **was Stung** --- (disposition, opinion, ideas)

My Aptitude - **was Stuck** --- (ability, success, talent )

My Altitude - **was Stranded** --- (self esteem to mature necessary to go forward)

I was frozen in time by this great **Sting**.

Psalm 138:8



# 3

## STUNG - STUNNED - STUMBLE

When **stung**, the **sting** affected my attitude of life, I became **stunned** - left dazed, unconsciously aware of others, in shock, deeply overwhelmed, greatly bewildered, **stumbling** along, lost in the complications of life.

A **stunned** attitude causes a person to **stumble** proceeding in a weakened state, confused and blundering, falling into sin or error, perplexed, puzzled and confounded, always in unforgiving anger, resentment, bitterness and self pity.

**Alcohol** always supported my: ( sad - bad - mad ) attitudes, as I became totally **stuck**.

All of the above were obstacles hindering my progress to *the Truth* and *understanding* I so desperately needed.

Oh how I needed the B-Attitudes of Jesus!

Psalm 138:8



# 4

## STUCK - STRUNG OUT - STRONGHOLDS



Once **stung, stunned, and stumbling**  
I became **stuck**, entangled, bogged down,  
detained and delayed in stunned *attitudes*.  
Still baffled by unanswered questions,  
I condoned my wrong behavior, becoming  
embedded and immovable in my *attitudes*,  
I had caused my *aptitude* to be *unattainable*.  
Being blocked and stopped at a stand still -  
**stuck** because of an unyielding mind set,  
I walked aimlessly.

**Strung-out** - being mentally and physically ex-  
hausted from searching endlessly for  
*Someone, somewhere, something* or *someplace*  
to be satisfying.

An unattainable aptitude will not appropriate  
satisfaction, allowing the force of concentrated  
views and habits to become a **Stronghold**.

**The Stronghold** of my mind, will, and emotions  
kept me entangled and **Stranded** in the bondage  
of deception, believing alcohol to be alright and  
all else to be all wrong.

I had a great need of a **Strong Safety**---**Jesus**

Psalm 138:8

# 5

## STRANDED STRUGGLES STRUCTURE

When **Stranded** one is put in a very difficult position. Having been **stung** by the **sting** of *sudden aloneness* I **struggled** with the *sounds of silence* - too loud - too overwhelming is the sound of silence - a dead-end, to a wall of nothingness.

When left **stranded**, the broken cord of my marriage had made it seem as though I had been betrayed (failure to meet hopes) I then realized the **sting** of *hopelessness*.

Oh how I lacked **structure**, the many **struggles** for hope while in such hopelessness leads to the endless agony of defeat, with great difficulty, contention and inner conflict.

I had a violent fight with the **stings of life** - surrendering to the **sting** of alcohol in **despair** and great **desperation** - all because of the complications of life **due to** the complications of life.

Fear of the unknown is present in struggles, especially, in the darkness of drunkenness.

How -When - Where - Why? - Rebuild Life? So many loose ends!

Oh how I needed Structure and Strength! And to BE SOBR!

I have come to know **only** the **LORD Jesus Christ** can **life your life** and make you whole again,

I am **no** longer - **Stung, Stuck, or Stranded by The Stings of Life**

Psalm 138:8

